



Art by Raheem

Reflection

Praise to the fools—the holy fools—who show us how to love, how to live and how to serve without reservation. Ask yourself today: How can I be a holy fool? How can I be a holy tool? Tell yourself today: let me use these hands of mine to help others. Let me use this voice of mine to speak the truth. And let me use this heart of mine to spread joy.

Questions

Reflect on a time a stranger made your day better.

Reflect on a time you made a stranger's day better.

Tell someone you don't know today they're doing a good job. How did they react?

“As foolish as I am, I can be hope--a light--or something better for someone.”

Ken, 2022